Your Weekly Medical Advice

by Dr Pilate Ntsuke

"Committed to the care of our patients and community"

Clinic Hours Monday – Friday 8am-6pm Saturday 9am – 5pm Phone (ALL HOURS) 5795 2011

Emergency clinic

Sundays and public holidays 9am - 11am (in our rooms @ Euroa Health) Phone 5795 0200

Warts

Warts are benign growths on the skin caused by the human papillomavirus (HPV). There are many different types of warts caused by more than a hundred types of HPV. These include common warts, plantar warts, flat warts and genital warts.

Warts are common and anyone can develop them, particularly children. Risk factors for developing warts include direct contact with other people's warts, swimming in public swimming pools and injuries to the skin. Most typical warts are easily recognised but it is advisable to consult your doctor if you have warts that look unusual.

It is important to note that a large proportion of common warts clear within 2 years without any treatment. However, there are multiple treatments available for warts. Topical chemicals can be bought over the counter, but for more stubborn warts cryotherapy (freezing) may be of benefit. For genital warts a "wait and see" approach is not recommended, consulting a doctor for treatment early is advisable.

We would appreciate your feedback or topics you would like to hear about at business.manager@emfp.com.au